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DR. JOSEPH MURPHY, the author of *The Power of Your Subconscious Mind*, wrote, taught, counseled, and lectured to thousands all over the world for nearly 50 years. Studying the world's major religions convinced him that some great power lay behind them all. In *Believe in Yourself*, Murphy shows how you can use the power of believing in yourself to achieve your dreams. Illustrating his points with wonderful stories about how inventors, writers, artists, and entrepreneurs have used this power to reach the heights, he shows you how you, too, can achieve success. This book teaches you how to transform your life through the art of believing. Each chapter is full of powerful, practical psychology showing you why "MAN IS BELIEF EXPRESSED." Dr. Murphy gives you in this book a universal guide in the art of making your life much more effective and satisfying by developing Belief in Yourself. The magic formula is, "All things are possible to him that believeth." You want freedom, health, and happiness. You can have them by changing your conscious belief to subconscious belief. Ask the publishers to restore access to 500,000+ books. Available on iOS & Android in *Believe in Yourself* Dr. Murphy shows you how the power of believing in yourself will help you achieve your dreams. He illustrates his points with wonderful stories about how inventors, writers, artists, and entrepreneurs have used this power to reach the highest of heights. As a man repeats the word success to himself with faith and conviction, his subconscious mind will accept it as true of himself, and he will be under subjective compulsion to succeed. By the end of the book you will have the tools for success. How do I cancel my subscription? Simply head over to the account section in settings and click on "Cancel Subscription" - it's as simple as that. After you cancel, your membership will stay active for the remainder of the time you've paid for. Learn more here. 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You can pause it, speed it up and slow it down. Learn more here. Is *Believe in Yourself* an online PDF/ePub? Yes, you can access *Believe in Yourself* by Joseph Murphy in PDF and/or ePub format, as well as other popular books in Personal Development & Personal Success. We have over one million books available in our catalogue for you to explore. Make Your Dreams Come True "Now Israel loved Joseph more than all his children, because he was the son of his old age; and he made him a coat of many colours." And when his brethren saw that their father loved him more than all his brethren, they hated him, and could not speak peaceably unto him. "And Joseph dreamed a dream, and he told it his brethren: and they hated him all the more. "And he said unto them, Hear; I pray you, this dream which I have dreamed: "For; behold, we were binding sheaves in the field, and, lo, my sheaf arose, and also stood upright; and, behold, your sheaves stood round about, and made obeisance to my sheaf. "And his brethren said to him, Shall thou indeed reign over us? or shall thou indeed have dominion over us? And they hated him yet the more for his dream, and for his words. "And he dreamed yet another dream, and told it his brethren, and said, Behold, I have dreamed a dream more; and behold, the sun and the moon and the eleven stars made obeisance to me. "And he told it to his father; and his brethren: and his father rebuked him, and said unto him, What is this dream that thou hast dreamed? Shall I and thy mother and thy brethren indeed come to bow down to thee to the earth?" (Genesis 37:3-10.) Joseph in the Bible means disciplined or controlled imagination. It is one of the primal faculties of mind, and has the power to project and clothe your ideas, giving them visibility on the screen of space. Israel loved Joseph. Israel is the spiritually awakened man who knows the power of controlled imagination. It is called the son of his old age. Son means expression. Old age infers wisdom and knowledge of the laws of mind. When you become familiar with the power of imagination, you will call it "the son of your old age." Age is not the flight of years; it is really the dawn of wisdom and Divine knowledge in you. Imagination is the mighty instrument used by great scientists, artists, physicists, inventors, architects, and mystics. When the world said, "It is impossible. It can't be done," the man with imagination said, "It is done!" Through your imagination you can also penetrate the depths of reality, and reveal the secrets of nature. A great industrialist told me one time how he started in a small store. He said that I used to dream (Joseph was a dreamer) of a large corporation with branches all over the country. He added that regularly and systematically he pictured in his mind the giant building, offices, factories, and stores, knowing that through the alchemy of the mind, he could weave the fabric out of which his dreams would be clothed. He prospered, and began to attract to himself by a universal law of attraction the ideas, personnel, friends, money, and everything needed for the unfolding of his ideal. He truly exercised and cultivated his imagination, and lived with these mental patterns in his mind until imagination clothed them in form. I liked particularly one comment which he made as follows, "It is just as easy to imagine yourself successful, as it is to imagine failure, and far more interesting." Joseph is a dreamer, and a dreamer of dreams; this means he has visions, images, and ideals in his mind, and knows that there is a Creative Power which responds to his mental pictures. The mental images we hold are developed in feeling. It is wisely said that all our senses are modifications of the one-sense-feeling. Troward says, "Feeling is the law, and the law is the feeling." Feeling is the fountain-head of power. We must charge our mental pictures with feeling in order to get results. We are told, "Joseph dreamed a dream, and told it to his brethren, and they hated him." Perhaps as you read this, you have a dream, an ideal, a plan, or purpose that you would like to accomplish. To hate is to reject in Bible language. The thoughts, feelings, beliefs, and opinions in your mind are your brethren which challenge you, belittle your dreams, and say to you, "You can't; it is impossible." "Forget it!" Perhaps other thoughts come into your mind which scoff at your plan or ambition. You discover there is a quarrel in your mind with your own brethren; opposition sets in. The way to handle the opposition in your mind is to detach your attention from sense evidence and appearance of things, and begin to think clearly and with interest about your goal or objective. When your mind is engaged on your goal or objective, you are using the creative law of mind, and it will come to pass. "Lo, my sheaf arose, and also stood upright; and, behold, your sheaves stood round about, and made obeisance to my sheaf." Lift your ideal or desire up in consciousness. Exalt it. Commit yourself wholeheartedly to it. Praise it; give your attention, love, and devotion to your ideal, and as you continue to do this, all the fearful thoughts will make obeisance to your exalted state of mind; i.e., they will lose their power, and disappear from the mind. Through your faculty to imagine the end result, you have control over any circumstance or condition. If you wish to bring about the realization of any wish, desire, or idea, form a mental picture of fulfillment in your mind; constantly imagine the reality of your desire. In this way you will actually compel it into being. What you imagine as true already exists in the next dimension of mind, and if you remain faithful to your ideal, it will one day objectify itself. The master-architect within you will project on the screen of visibility what you impress on your mind. Joseph (imagination) wears a coat of many colors. A coat in the Bible is a psychological covering. Your psychological garments are the mental attitudes, moods, and feelings you entertain. The coat of many colors represent the many facets of the diamond, or your capacity to clothe any idea in form. You can imagine your friend who is poor living in the lap of luxury. You can see his face light up with joy, see his expression change, and a broad smile cross his lips. You can hear him tell you what you want to hear. You can see him exactly as you wish to see him—i.e., he is radiant, happy, prosperous, and successful. Your imagination is the coat of many colors; it can clothe and objectify any idea or desire. You can imagine abundance where lack is; peace where discord is; health where sickness is. "His brethren said to him, Shalt thou indeed reign over us?" Imagination is the first faculty, and takes precedence over all the other powers or elements of consciousness. You have twelve faculties or brethren, but your imagination when disciplined enables you to collapse time and space and rise above all limitations. When you keep your imagination busy with noble, God-like concepts and ideas, you will find it is the most effective of all faculties in your spiritual ongoing. The phrase, "Joseph is sold into Egypt"—means that your concept or desire must be subjectified (Egypt) first before it becomes objectified. Every concept must go "down into Egypt"—meaning into the subjective where the birth of ideas takes place. "Out of Egypt have I called my son—" Joseph is commander of Egypt which tells you that imagination controls the whole conceptive realm. Whatever prison you may be in, whether it is the prison of fear, sickness, lack, or limitation of any kind, remember that Joseph is the commander in prison, and can deliver you. You can imagine your freedom, and continue to do so until it is subjectified; then after gestation in the darkness the manifestation comes—your prayer is answered. Consider for a moment a distinguished, talented architect; he can build a beautiful, modern, twentieth century city in his mind, complete with super highways, swimming pools, aquariums, parks, etc. He can construct in his mind the most beautiful palace that eye has ever seen. He can see the building in its entirety completely erected before he ever gives his plan to the builders. Where was the building? It was in his imagination. With your imagination you can actually hear the invisible voice of your mother even though she lives 10,000 miles from here. You can also see her clearly, and as vividly as if she were present; this is the wonderful power you possess. You can develop and cultivate this power, and become successful and prosperous. Haven't you heard the sales manager say, "I have to let John go, because his attitude is wrong?" The business world knows the importance of "right attitude." I remember many years ago having printed a small article on Reincarnation. These pamphlets were on display on a book counter of a church where I lectured. In the beginning very few of them were sold, because the salesgirl was violently opposed to its contents. I explained to her the Biblical meaning of Reincarnation, the origin of the story, and what it was all about. She understood the contents of the drama, and became enthusiastic about the booklets; they were all sold before my lecture series was completed. This was an instance of the importance of the right, mental attitude. Your mental attitude means your mental reaction to people, circumstances, conditions, and objects in space. What is your relationship with your co-workers? Are you friendly with people, with animals, and with the universe in general? Do you think the universe is hostile, and that the world owes you a living? In short what is your attitude? The emotional reaction of the above mentioned girl was one of deep-seated prejudice. That was the wrong attitude in selling books; she was biased toward the book and the writer. You can develop the right, mental attitude when you realize that nothing externally can upset you or hurt you without your mental consent. You are the only thinker in your world; consequently nothing can move you to anger, grief, or sorrow without your mental consent. The suggestions that come to you from the outside have no power whatsoever, except you permit them to move you in thought negatively. Realize you are master of your thought-world. Emotions follow thought; hence you are supreme in your own orbit. Do you permit others to influence you? Do you allow the headlines in the newspapers, or the gossip, or criticism of others to upset you, or bring about mental depression? If you do, you must admit you are the cause of your own mood; you created your emotional reaction. Your attitude is wrong. Do you imagine evil of others? If you do, notice the emotion generated in your deeper self; it is negative and destructive to your health and prosperity. Circumstances can affect you only as you permit them. You can voluntarily and definitely change your attitude toward life and all things. You can become master of your fate, and captain of your soul (subconscious mind). Through disciplined, directed, and controlled imagination you can dominate and master your emotions and mental attitude in general. If you imagine, for example, that the other is mean, dishonest, and jealous, notice the emotion you evoked within yourself. Now reverse the situation. Begin to imagine the same girl or boy is honest, sincere, loving, and kind; notice the reaction it calls forth in you. Are you not, therefore, master of your attitudes? In reality the truth of the whole matter is that it is your real concept of God which determines your Whole attitude toward life in general. Your dominant idea about God is your idea of life; for God is Life. If you have the dominant idea or attitude that God is the Spiritual Power within you...IntroductionChapter 1Chapter 2Chapter 3Dr. Joseph Murphy How much do you value yourself? Do you know someone who has a low opinion of themselves? Perhaps someone who consistently thinks they are an under-performer and not worthy of praise or compliments? It could be that person is suffering from low self-esteem. Download this free ebook and share it with them.Plus, 50 More FREE Self Improvement Ebooks To Read Anytime!Also Get All 365 Forward Steps Life Power Notes FREE!YOUR INFORMATION IS 100% SECURE AND WILL NEVER BE SHARED WITH ANYONE. PRIVACY POLICY Joseph, in the Bible, means disciplined or controlled imagination. 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You can see his face light up with joy; see his expression change, and a broad smile cross his lips. 50%(12)50% found this document useful (12 votes)16K viewsDr. Joseph Murphy wrote the book "Believe in Yourself" to show readers how believing in themselves can help them achieve their dreams. He provides examples of inventors, writers, artists, an...At-enhanced title and descriptionSaveSave Believe in Yourself by Dr Joseph Murphy For Later50%50% found this document useful, undefined